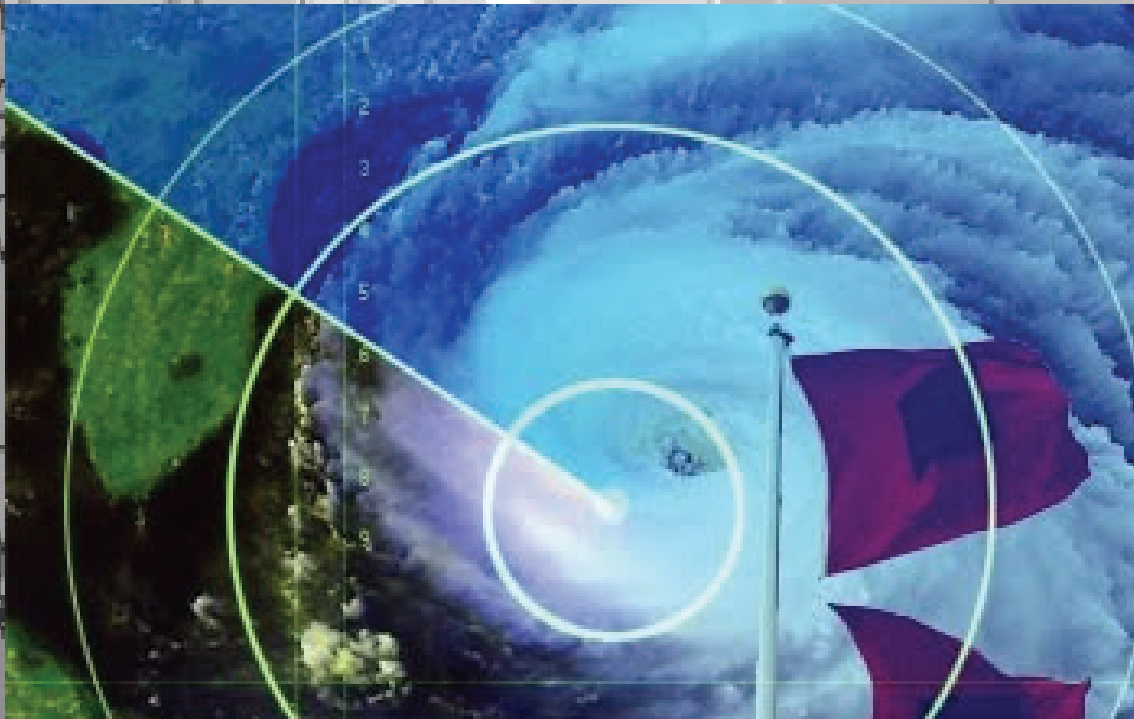


8 AM Mon

8 AM Sun



8 PM Wed

HURRICANE PREPARATION GUIDE

JC JACK
COTTON
LUXE

Getting Ready for a Hurricane

Prepare emergency supplies...

- Window Protection & Masking Tape
- Bottled Water
- Disposable Plates, Utensils & Cups
- Cash
- Fuel for portable stove or grill
- Manual Can Opener
- Battery-operated Radio & Clock
- Flashlights
- Ice Chest & Ice Non-perishable Foods
- Batteries
- First Aid Supplies
- Matches
- Fuel for Cars & Generators
- Charcoal & Lighter Fluid
- Be sure that emergency equipment is working properly.
- Store enough supplies to last 2 weeks.
- Have materials on hand to secure your home.
- Trees and shrubs should be kept well trimmed.

Shelters - Know your **evacuation route** if you plan on leaving your residence and plan what you should bring with you. Shelters have limited supplies. **Bring** food, medicine, water, medical supplies, pillows, blankets and personal care items. **Bring** such items as books, magazines and games for children.

Make arrangements for **pets**; shelters will not admit them. Keep a list and photocopies of **prescriptions and medications**. Be prepared for taking care of **elderly relatives or friends** and their residences. (Residents should remain in their homes during a hurricane unless there is a valid reason to leave. Most new homes have been built to the high standards of the South Florida Building Code and many older homes were constructed with the destructive forces of a hurricane in mind. It's fairly simple to determine if you should go to a shelter.)

Plan to go to a shelter if...

- You are in an evacuation zone and have been advised by authorities to evacuate
- You live in a mobile home or you are staying in a trailer or tent.
- You live in a high-rise building.
- Anyone in the household suffers from health related problems.
- Your residence is in a deteriorated condition.
- You just don't feel safe.

If you plan to evacuate your residence, **LEAVE EARLY**. Don't get stuck in traffic or flooded areas. Follow evacuation advisories.

When a Hurricane Watch is posted...

- Raise the settings on your refrigerator & freezer to the coldest temperature; don't open the doors unless absolutely necessary. Freeze water in plastic containers and use to fill in space and keep food cold.
- Clean your bathtub thoroughly; wipe with unscented bleach; rinse tub and let dry; fill with water, to serve as a sanitary water reserve.
- Cover windows with shutters or plywood.

STORM PREPARATIONS

- ___ Unplug your TV prior to disconnecting a satellite dish.
- ___ Turn the power off to your pool pump and cover it with plastic.
- ___ Add extra chlorine to pool water to avoid contamination.
- ___ Bring loose outdoor objects, like trashcans, potted plants, lawn furniture, etc., inside.
- ___ Fill the gas tanks of all vehicles and have cash available.
- ___ Store important documents and valuables in waterproof containers and place in the highest possible location.
- ___ Carry identification with you such as a driver's license.
- ___ If you have a boat, store it in a garage or warehouse. Otherwise, be sure the boat is well secured to the trailer and attach the trailer to something that is firmly planted in the ground. Deflate the trailer tires for additional stability.

During a Hurricane...

Stay indoors. Weather conditions usually deteriorate quickly just before a Hurricane's worst weather arrives.

As the eye (center) of the hurricane passes over, continue to stay indoors unless emergency repairs are needed. It's unpredictable when the other side of the hurricane will arrive with potentially worse weather than before.

Strong winds may cause structural damage and may create deadly projectiles out of loose objects.

If Winds Become Strong...

Stay away from windows and doors even if they are covered.

Take refuge in a small first-floor interior room, closet or hallway.

Keep a battery-operated radio or TV, flashlight, and a gallon of water with you.

Identify a clear escape path in the event of a fire.

Close all interior doors. Brace exterior doors, especially double-inward opening doors and garage doors.

Lie on the floor under sturdy objects.

After a Hurricane...

Remain indoors until an official “all clear” has been announced. Continue to listen to weather reports from the National Hurricane Center and local officials.

DO NOT use your telephone except for emergencies.

DO NOT call 911 except for life-threatening emergencies.

DO NOT report individual interruptions of electric, gas, water or telephone service. Report individual trouble only after general service has been restored to your area.

DO report downed power lines and broken gas or water mains.

NEVER go near or touch a downed power line. Consider every power line deadly, whether or not it seems to be live.

Avoid injuries after a hurricane. Be careful with equipment such as chainsaws. Most injuries following a hurricane occur as a result of carelessness with equipment.

NEVER use a grill (gas or charcoal) indoors; it may cause carbon monoxide poisoning.

Avoid standing water, as it may be contaminated.

Do not refreeze thawed food. If possible, cook and refrigerate it.

Long Before a Storm Arrives

- ___ Find out about the National Flood Insurance Program if you live in a flood plain. Remember, there is usually a 30-day waiting period for such insurance.
- ___ Create a family disaster plan. Information for creating a family disaster plan can be obtained through your local Emergency Management Office or the American Red Cross.
- ___ Protect your windows. Create plywood panels for each window and pre-drill holes every 18 inches. Make sure that you mark where each panel goes. When the storm approaches, it will be quicker and easier to install them, and you won't have to be concerned about a supply shortage.
- ___ Know the risks of hurricanes in your area.

Shortly Before a Storm Arrives

Get and use only official information

Know the storm surge history and elevation of your area.

Learn the safe routes inland.

Learn the location of official emergency shelters.

Avoid low-lying areas.

Store everything that might blow away.

Review the needs and working condition of emergency equipment, such as flashlights, battery-powered radios, etc.

Check your home for loose or clogged rain gutters and downspouts.

Keep trees and shrubbery trimmed. Cut weak branches and trees that could fall or bump against the house. When trimming, try to create a channel through the foliage to the center of the tree to allow for air flow.

Determine where to move your boat in an emergency.

Review your insurance policy to ensure it provides adequate coverage.

Individuals with special needs should contact their local office of emergency management.

When a Hurricane Watch is Issued

Frequently monitor radio, TV, NOAA Weather Radio, or hurricane hotline telephone numbers for official bulletins of the storm's progress.

Fuel and service family vehicles.

Inspect and secure mobile home tie downs.

Prepare to cover all window and door openings with shutters or other shielding materials.

Remove awnings.

Check food, water, and medical supplies.

Have clean, air-tight containers on hand to store at least 2 weeks of drinking water (14 gallons per person).

Stock up on canned provisions.

Get a camping stove with fuel.

Keep a small cooler with frozen gel packs handy for packing refrigerated items.

Have a fully stocked first aid kit available.

Have a non-electric can opener available.

Check prescription medicines. Obtain at least 10 days' to 2 weeks' supply

Stock up on extra batteries for radios, flashlights and lanterns.

Prepare to store and secure outdoor lawn furniture and other loose, lightweight objects, such

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as garbage cans, garden tools, potted plants, etc.

Have on hand an extra supply of cash.

Turn refrigerator to maximum cold and open only when necessary.

Review evacuation plans.

If you have a boat, moor it securely or move it to a safe place. Use ropes or chains to secure the boat to the trailer. Use tie-downs to anchor the trailer to the ground or the house.

When a Hurricane Warning is Issued

Continue close monitoring of radio, TV, NOAA Weather Radio or hurricane hotline telephone numbers for official bulletins.

Complete all preparation activities, such as putting up storm shutters or panels, storing loose objects, etc.

Brace outside doors.

Notify neighbors and a family member outside of the warning area of your evacuation plans.

Store valuables and personal papers in a waterproof container and place in the highest level of your home.

Avoid elevators.

Follow instructions issued by local officials. *Leave immediately if ordered to do so.*

If evacuating, leave early (if possible, in daylight).

Evacuate areas that might be affected by storm surge flooding.

If in a mobile home, check tie-downs and evacuate immediately.

American Red Cross Family Disaster Supplies Kit

These contents can be assembled over a five month period on a weekly basis, and perishable items should be changed or replaced every six months. For more information on assembling and refreshing supplies, contact the **American Red Cross** for their Disaster Supplies kit brochure.

Essentials

- Battery-operated radio
- Flashlight
- Extra batteries
- (Do not include candles, which cause more fires after a disaster than anything else.)

Water

- 3 gallons/person, minimum, in a food-grade, plastic container
- Additional water for sanitation

Food

- Minimum 3-day supply of non-perishable food that requires no refrigeration or preparation, and little or no water, for example:
- Dry cereal
- Canned fruits
- Canned juice
- Quick energy snacks, graham crackers
- Ready-to-eat soups (not concentrated)
- Peanut butter
- Canned vegetables
- Ready-to-eat canned meats

First Aid Kit (one for your home and one for each car)

- Scissors
- Thermometer
- Needle
- Latex gloves (2 pairs)
- Moistened towelettes
- 2" sterile gauze pads (4-6)
- 2" sterile roller bandages (3 rolls)
- Triangular bandages (3)
- Sterile adhesive bandages in assorted sizes
- Sunscreen
- Tweezers
- Cleansing agent/soap
- Tongue blades (2)
- Assorted sizes of safety pins
- 4" sterile gauze pads (4-6)
- 3" sterile roller bandages (3 rolls)
- Tube of petroleum jelly or other lubricant

Non-Prescription Drugs

- Laxative
- Aspirin or non-aspirin pain reliever
- Activated Charcoal (use if advised by the Poison Control Center)
- Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)
- Anti-diarrhea medication
- Antacid (for stomach upset)

Tools and Supplies

- Whistle
- Crowbar
- Paper, pencil
- Medicine dropper
- Signal flare
- Assorted nails, wood screws
- Plastic storage containers
- Cash or traveler's checks, change
- Mess kits, or paper cups, plates and plastic utensils
- Tape, duct and plumber's tape or strap iron
- Patch kit and can of seal-in-air for tires
- Map of the area (for locating shelters)
- Shut-off wrench, to turn off household gas and water
- Aluminum foil
- Compass
- Plastic sheeting
- Needles, thread
- Matches in a waterproof container
- Pliers, screwdriver, hammer
- Heavy cotton or hemp rope
- Non-electric can opener, utility knife

Sanitation

- Disinfectant
- Soap, liquid detergent
- Feminine supplies
- Toilet paper, towelettes, paper towels
- Plastic garbage bags, ties (for personal sanitation uses)
- Household chlorine bleach
- Personal hygiene items
- Plastic bucket with tight lid

Clothing and Bedding

- Sunglasses
- Hat and gloves
- Blankets or sleeping bags
- One complete change of clothing and footwear per person
- Rain gear
- Sturdy shoes or work boots
- Thermal underwear

For Baby

- Formula
- Bottles
- Powdered milk
- Diapers
- Medication

For Pet

- Food
- Records of vaccinations
- Leash, harness or carrier
- Non-tippable food and water containers

Important Family Documents

- Copy of will, insurance policies, contracts, deeds, stocks and bonds
- Copy of passports, social security cards, immunization records
- Record of credit card account numbers and companies
- Family records (birth, marriage, death certificates)
- Record of bank account numbers
- Inventory of valuable household goods
- Important telephone numbers

Family Medical Needs

- Insulin
- Denture needs
- Contact lenses and supplies
- Prescription drugs
- Extra eye glasses
- Heart and high blood pressure medication

Entertainment

- Games and books